



# ELIANA GIL

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2 live Webinar Opportunities!  
Join us for one or BOTH!

*August 20th, 2020*

## **"An Integrative Play Therapy Approach to Working with Children"**

3 Non-Direct contact hours  
1:00PM EST -4:15 PM EST \* \$50.00

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*August 21st, 2020*

## **"Post-Traumatic Play: An Overview for Clinicians"**

3 Non-Direct contact hours  
1:00PM EST -4:15 PM EST \* \$50.00

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Both programs will start with one hour of didactic presentation. Afterwards, participants will have the opportunity to do experiential work that they can offer to their clients as well as have their questions addressed.

**To Register:**

**<https://brighterfuturecounseling.org/play-therapy-training/>**

# About the Presenter:

Eliana Gil, PhD, ATR, RPT-S, LMFT, is a founding partner of Gil Institute for Trauma Recovery & Education, LLC in Fairfax, Va, where she currently works as a Senior Clinical & Research Consultant. She is an Approved MFT Supervisor as well as a Registered Play Therapist/Supervisor and a Registered Art Therapist. She is also a Circle of Security Certified Parent Educator, a Level II Theraplay provider, and completed a two-year individual certification process with Dr. Bruce Perry. Dr. Gil is also Director of Starbright Training Institute for Child and Family Play Therapy where she provides specialized trainings on an array of topics involving trauma, attachment, and treatment options, with an integration of expressive therapies (art, sand, play). In the last two decades, Dr. Gil has directed two child sexual abuse treatment programs in Virginia and continues her work in the field of child abuse prevention and treatment. She received her doctorate in family therapy from the California Graduate School of Family Psychology in San Rafael, California. She has served on the Board of Directors of the American Professional Society on the Abuse of Children and the National Resource Center on Child Sexual Abuse. She is also a former President of the Association for Play Therapy and received APT's Lifetime Achievement Award in 2011. Dr. Gil has written numerous chapters, journal articles, and books on child abuse and related topics and has participated in educational videotapes that feature her work. Dr. Gil is an international lecturer, author, and clinician.

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## An Integrative Play Therapy Approach to Working with Children

As play therapists and other clinicians learn more and more approaches to utilize with children and families, it becomes critical to have an overarching method for selecting out both the sequence in which techniques and approaches are incorporated, as well as which specific activity is purposefully chosen. Using a broad lens that looks at individual, dyadic, and group formats, the presenter will discuss how to tailor treatment to each individual child and family while maintaining a flexible, systemic, and developmental intersection.

Specifically, this program will: Provide three lenses for consideration when working with children; Discuss the continuum of directive/non-directive approaches; Describe how neuroscience informs treatment planning; and Offer specific ways of choosing approaches with purpose and intent. Course Objectives Include: Define assimilative integrative psychotherapy; Identify two considerations when assessing developmental issues; Identify two considerations when assessing attachment issues; and Name two ways to promote social competence.

## An Integrative Play Therapy Approach to Working with Children

This lecture will provide an overview of a unique form of play that children employ after enduring traumatic experiences. We will discuss the special characteristics of post-traumatic play as well as learn the differences between toxic and dynamic post-trauma play. The question of how and when to intervene in toxic play will be highlighted. A case example will illustrate the three phases of post-traumatic play and the valuable presence of a clinical witness. Participants will have ample opportunities to become adept at understanding the underlying intent of this play and the importance of clinical witnessing.

Specifically, this program will: Define post-traumatic play therapy; Discuss unique characteristics of this play; Describe the positive intent of post-trauma play; Differentiate between dynamic and toxic post-trauma play; and Offer specific ways of intervening in toxic post-trauma play. Course Objectives Include: Define post-traumatic play; List three unique characteristics of post-trauma play; Define the difference between dynamic and toxic post-trauma play; List two ways to intervene in toxic post-traumatic play; List two benefits of post-traumatic play; and Discuss two ways to involve the family in post-traumatic play therapy.

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Sponsored by: Brighter Futures Counseling, PLLC

[training@brighterfuturescounseling.org](mailto:training@brighterfuturescounseling.org) \* APT Approved Provider # 20-599