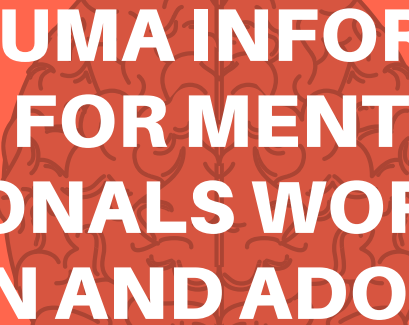


**Brighter Futures Training & Consultation, LLC Presents...**



# **TRAUMA INFORMED PRACTICE FOR MENTAL HEALTH PROFESSIONALS WORKING WITH CHILDREN AND ADOLESCENTS**

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**October 18, 2024 \* 9:00 AM - 4:00 PM EST (1 Hour Lunch)  
6 CE Hours \* \$120.00**

**Presented by:**

**C.J. Quick, LPCC-S, LMFT, RPT-S & Sarah Reynolds, LCSW, PMH-C**

**\*Presented live via Zoom\***

**To Register: [www.bftrainings.org](http://www.bftrainings.org)**



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This course will help mental health professionals who work with children and adolescents to be trauma informed in their practice—to help them better recognize, intervene, and provide services in a trauma informed manner. We will review how trauma effects development including brain development and how this presents both emotionally and behaviorally. We will further discuss how it effects the family system as well as external systems in which the child is part. We will discuss trauma from a holistic perspective and discuss how different traumatic experiences including complex trauma effect children. We will then help participants to better understand how to be trauma informed in their interactions with their clients to ensure that clients are provided the best possible services. We will spend time discussing how to be trauma informed in the assessment process (including the differential diagnosis process), the treatment process, and in helping your client get the best trauma informed interactions outside of your office—at home, in schools, and in other systems in which they may be involved. Specific assessment and treatment strategies will be discussed as well as how you can set up your office and interactions to be more trauma sensitive.

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Objectives:

- 1.) Identify Trauma including complex trauma, toxic stress, and abuse
- 2.) Describe how trauma influence child development including brain development
- 3.) Discuss how trauma influences emotional and behavioral functioning
- 4.) Explain how to be trauma informed in assessment and diagnosis
- 5.) Identify how to be trauma informed in treatment planning and providing therapeutic services
- 6.) Discuss being more trauma informed in all interactions and to help others to do the same in family systems and other systems where clients may be involved

Brighter Futures Training & Consultation is an approved sponsor with The Kentucky Board of Social Work (Approval number KBSWSP 2024008). Brighter Futures Training & Consultation is an approved sponsor with the Kentucky Board of Marriage & Family Therapists (Approved 03/21/24). The Kentucky Board of Licensed Professional Counselors approved these programs on 03/15/24. Psychology Approval Pending