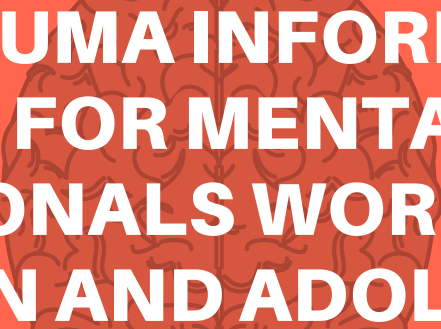


Brighter Futures Counseling, PLLC Presents...



TRAUMA INFORMED PRACTICE FOR MENTAL HEALTH PROFESSIONALS WORKING WITH CHILDREN AND ADOLESCENTS

**February 17, 2023
9:00 AM - 4:00 PM EST (1 Hour Lunch)
6 CE Hours**

Presented by: C.J. Quick, LPCC-S, LMFT, RPT-S

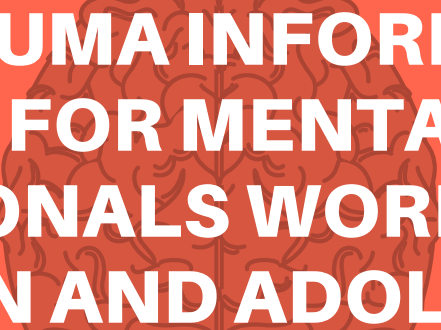
Presented via Zoom

To Register: <https://brighterfuturescounseling.org/all-trainings/>

This course will help mental health professionals who work with children and adolescents to be trauma informed in their practice—to help them better recognize, intervene, and provide services in a trauma informed manner. We will review how trauma effects development including brain development and how this presents both emotionally and behaviorally. We will further discuss how it effects the family system as well as external systems in which the child is part. We will discuss trauma from a holistic perspective and discuss how different traumatic experiences including complex trauma effect children. We will then help participants to better understand how to be trauma informed in their interactions with their clients to ensure that clients are provided the best possible services. We will spend time discussing how to be trauma informed in the assessment process (including the differential diagnosis process), the treatment process, and in helping your client get the best trauma informed interactions outside of your office—at home, in schools, and in other systems in which they may be involved. Specific assessment and treatment strategies will be discussed as well as how you can set up your office and interactions to be more trauma sensitive.

CE approved for KY Counselors, Marriage and Family Therapists, Psychologists, and Social Workers. .

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Objectives:

1. To be able to understand Trauma including complex trauma, toxic stress, and abuse
2. To understand how trauma influence child development including brain development
3. To understand how trauma influences emotional and behavioral functioning
4. To be better prepared to be trauma informed in assessment and diagnosis
5. To be better prepared to be trauma informed in treatment planning and providing therapeutic services
6. To be more trauma informed in all interactions and to help others to do the same in family systems and other systems where clients may be involved

CE approved for KY Counselors, Marriage and Family Therapists, Psychologists, and Social Workers.