



brighterfuturescounseling.org

270-982-9292

## **Trainings Topics Currently Offered By** **Brighter Futures Counseling, PLLC**

- Early Childhood Brain Development and Attachment
- Early Childhood Development and other Developmental Topics
- Using Play to influence School Readiness Skills
- Social and Emotionally Friendly Environments
- Understanding Difficult Behaviors and Tips for working with Children with Behavioral/Emotional Concerns
- Trainings on Specific Mental Health Diagnosis (i.e. anxiety, depression, trauma, attachment, adjustment, grief, disruptive behavior, bipolar, schizophrenia, etc...)
- Understanding Early Childhood and Childhood Mental Health
- Understanding Autism Spectrum Disorders
- Child Directed Play-What is it, Why is it important, How to use it.
- Understanding Early Childhood and Childhood Trauma and its' effect
- Child Adult Relationship Enhancement (CARE Model)
- ASQ-3 and ASQ-SE
- Second Step
- Community Based Parenting Education in Nurturing Parenting

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### **Please Note:**

**\*\*Other Training Topics are available upon request...**

Most Experienced with topics surrounding:

- Parenting Strategies
- Behavioral Management Strategies
- Mental Health including diagnosis and treatment
- Attachment
- Development (Social, Emotional, Physical)
- Early Childhood Topics
- Child and Adolescent Topics

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**\*\*Training Space for up to 40 people available on site at Brighter Futures Counseling, PLLC (1002 North Mulberry Street, Elizabethtown, KY)\*\***

### **Please Contact:**

C.J. Quick for more information

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