



## **Service Agreement Addendum—COUPLE'S COUNSELING**

By signing the attached "Consent for Services Addendum," you are indicating that you understand and agree to the following policies as they relate to **Couple's Counseling** at Brighter Futures Counseling, PLLC

### **I. Confidentiality**

Information discussed in Couple's Counseling falls under the same confidentiality standards set forth by Brighter Futures Counseling, PLLC Privacy Policies and as noted in the Brighter Futures Counseling, PLLC Professional Service Agreement.

The only additional exception to confidentiality is that there will not be information kept confidential by your therapist from your partner. All communication between the therapist and one partner will be shared with the other partner if the information is deemed important for couple's counseling.

### **II. Assessment and Documentation Expectation**

- Both members of the partnership, must have a Mental Health Assessment at Brighter Futures Counseling, PLLC during the course of Couple's Counseling—this will be accomplished individually, usually in the 2<sup>nd</sup> session with the therapist.
- During the assessment phase of couple's counseling, each partner will be provided with a link to screening tools. These tools help the therapist better understand the clients' relationship and enable the therapist to develop a tailored treatment plan to assist the couple.
- The first session consists of an Assessment of the couple/relationship. This session may last from 60-90 minutes. This session costs \$150.00. If you schedule your initial couple's session but do not attend the session, you will be charged \$25.00 for the missed session. The \$25.00 missed appointment fee must be paid in full before you can schedule a new initial couple's session.

### **III. Payment**

- All couple's counseling services at Brighter Futures Counseling are provided on a fee for service basis. Couples must pay out of pocket for these services. Referrals to other providers/agencies can be provided should you like to explore other payment options or utilize insurance.
  - The first session as noted above, costs \$150.00 and is not covered by insurance.
  - The second session of couple's counseling is normally an individual mental health assessment with each partner where each partner completes their mental health assessment. This session is \$100.00 per individual.
  - The third session will also cost \$150.00 and is not covered by insurance. This session is also 60-90 minutes.
  - The fourth session and all future sessions are charged at \$100.00 per hour.

### **IV. 3<sup>rd</sup> Party Letters and Proof of Attendance**

Brighter Futures Counseling, PLLC is happy to provide proof of attendance on a weekly basis. Please request this at the end of the group.

Formal letters with additional detail about your progress and participation are also available.

Please ensure you request letters 2 weeks prior to needing them. Your first letter is free, you will be charged for all others at a prorated hourly fee. Our hourly fee is \$125.00.

- V. Couple's Counseling will not be provided if there are any current EPO's, DVO's, or other restraining orders in place. Further, Couple's Counseling will not be provided if either partner is enrolled in a Batterer's Intervention Program (BIP) until the partner has completed the BIP Program.